

# **Sustainable 5G Networks Training**

As we move towards a hyper-connected world, telecom networks are under increasing pressure to deliver faster data speeds, support new technologies, and accommodate the growing demand for high-quality streaming services. However, this rapid expansion brings forth critical challenges in sustainability. How can telecom networks evolve without compromising the environment?

This course dives into the sustainability challenges facing modern telecom networks, offering insights into energy efficiency, reducing e-waste, bridging the digital divide, and the pivotal role of AI in creating sustainable networks. Participants will gain a deep understanding of how the telecom industry can lead the charge towards a greener future, ensuring that technological advancement and environmental stewardship go hand in hand.

#### Who Should Attend:

- Telecom professionals looking to enhance their knowledge of sustainable practices.
- Network engineers and architects focused on the future of telecom.
- Environmental advocates within the tech industry.
- Anyone interested in the intersection of technology and sustainability.

### **Course Structure:**

# 1. The Sustainability Imperative in Telecom Networks

- Introduction to Key Challenges: Explore the most pressing sustainability issues facing telecom networks today.
- Energy Usage & Cost Implications: Understand the financial and environmental impacts of energy consumption in telecom.
- Pathways to Emission Reductions: Learn about innovative strategies to reduce carbon footprints across the network lifecycle.
- Building Sustainable Infrastructure: Discover how to deploy telecom infrastructure with sustainability in mind.
- Lifecycle Management for Long-Term Sustainability: Master the principles of managing telecom assets sustainably from cradle to grave.

### 2. Bridging the Digital Divide: Technology for All

- Understanding the Digital Divide: What it is, why it matters, and how it impacts global connectivity.
- The Economics of Data: Dive into the cost of data and how data poverty affects underserved communities.
- Access to Technology: Explore strategies to make technology more accessible to everyone, regardless of socioeconomic status.
- Closing the Gap: Practical solutions and case studies on how to bridge the digital divide and create more inclusive networks.

# 3. Energy Efficiency: Powering Telecom Networks Responsibly

- Virtualization for Efficiency: How virtual networks contribute to energy savings and operational efficiency.
- Harnessing Renewable Energy: Learn about the role of renewable energy sources in powering the telecom infrastructure of the future.
- 5G and Energy Efficiency KPIs: Explore the key performance indicators for energy efficiency in 5G networks and how they can drive sustainable practices.

# 4. Tackling E-Waste: From Problem to Solution

- The Growing E-Waste Crisis: An overview of the e-waste problem and its impact on the environment.
- Strategies for E-Waste Management: Learn best practices for reducing e-waste in telecom operations.
- Ethical Disposal of E-Waste: Discover how to ethically dispose of e-waste to minimize environmental harm and promote recycling.

# 5. The Role of AI in Building Sustainable Networks

- AI-Powered Mobile Networks: Understand how AI is revolutionizing network management with a focus on sustainability.
- Optimizing RAN Power Management with AI: Learn how AI-driven solutions can optimize power usage in Radio Access Networks (RAN).
- Al's Role in Reducing Energy Consumption: Explore the future of Al in driving down energy usage across telecom networks, making them more sustainable.